



ISMA in assoc. with PDEU, Gandhinagar

11th International Congress of STRESS, PERFORMANCE & WELLNESS

10+

YEARS OF COLLECTIVE EXPERIENCE
-- TO DISCUSS AND DISSEMINATE
CONTEMPORARY ISSUES AND LATEST SKILLS

7+

INSPIRING
KEYNOTES

8+

DYNAMIC PANEL
DISCUSSIONS

4

WORLD
RENOWNED
SPEAKERS

13

DIVERSE
RESEARCH AREAS
& PAPERS



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Rationale

The negative effects of stress have considerable damage on the learning, work performance and wellbeing of an employee. The loss of productivity due to stress alone runs into hundreds of billions of dollars across the world. Active research is going on to understand and establish stress dynamics and prudent management interventions. Management interventions will ensure resilience, wellbeing, performance of workforce and improves productivity of an organization. Against the above backdrop, International Stress Management Association organizing 11th International Congress of Stress, Performance and Wellness on 15th to 16th November 2024 at PDEU, Gandhinagar, India. The overall theme of the ICSPW 2024 conference is “Stress: Assessments – Interventions – Technologies”

Methodology of the Congress

More participatory methodology, like, Presentations, Panel Discussions, Case Experiences, Paper Presentations etc. is being used in the conference. Delegates will have an opportunity to participate in the micro sessions on the topic / theme of their interest.

Who can participate?

The congress invites faculty members, researchers, human resource professionals, healthcare professionals, business and organizational representatives, labor leaders, industry representatives, general public administrators, medical, para-medical, alternative therapists and practitioners of psychology from all disciplines who are involved in practice and/or research in areas related to stress, performance and wellness.

Papers presentation

Delegates may present paper, or participate in the International Congress without presenting the paper. Only one paper will be accepted from each registered delegate. The write-up should not exceed 3000 words. The Abstract of an empirical paper is to be written within 250-300 words. It must mention the objectives, hypotheses, method, results and implications. In case of theoretical paper, the objectives, theoretical framework, meta-analysis (if done) and implications need to be mentioned. The author(s) should use “Times New Roman 12” size fonts with “1.5 line spacing” with “justified paragraph.

Eligibility for submissions

- Research that has previously been published (e.g., in a journal article, book chapters, book, conference proceedings) should not be submitted.
- A participant can be the lead author on a maximum of two submissions.

Presentation Types

Paper presentations: Oral presentations of 12 minutes organized into concurrent themed sessions. Presenters should aim for 10 minutes content, with up to 2 minutes for questions and discussion.

Poster presentations: Poster presentations organized into concurrent themed sessions. Presenters should aim for 10 minutes content, with up to 2 minutes for questions and discussion.

Submission and review process

Submissions will only be accepted through the online portal until 30th September 2024.

Abstracts will be reviewed by the Scientific Committee along with Plagiarism check and result will be notified.

Publication

Accepted papers after review will be recommended for publication in Scopus Index / UGC Care / Peer Reviewed Journals / ISBN Book*. Proceedings of the Abstracts will be published in e-book form . By submitting an abstract, authors give permission for print, electronic and online publication of the abstract, as well as presentation slides to be made available online to all conference delegates.

ICSPW 2024 Main Themes

- Recent Advances in Stress Management at Workplace
- Cognitive, Emotional and Behavioural Aspects of Stress
- Social, Organizational and Culture Dynamics of Stress
- Digital Technology for Better Wellbeing
- Working Women-Health and Performance issues
- Agile Performance and Wellness in VUCA World
- Cross-Cultural , Virtual Teams and Performance Leadership
- Organizational Learning and Development - Innovations and Approaches
- Economic Stress on Individuals, Institutions and Nations
- Sector Specific (IT, Pharma, Finance etc.) Stress, Health & Safety Behaviour
- Corporate Wellness, Diversity at Workplace and Work-Life Balance
- Gender, Geriatric and Academic Stress
- Cyber Incivility and Employee Engagement

Benefits of attending the congress

- Participants will get insight about stress dynamics, performance issues and wellness methods at various working conditions
- Participants will get an opportunity to understand various techniques and strategies
- Participants will get exposed to the latest Stress Management, Performance Management and Wellness Maintenance technologies and Interventions

Registration

Registration includes Kit, Lunch, full access to all sessions and lectures, as well as Proceedings (e-abstract book).

About ISMA

The International Stress Management Association (ISMA) is a registered charitable trust with a multi-disciplinary professional membership. It aims to promote sound knowledge and best practices in the prevention and reduction of human stress. It sets professional standards for the benefit of individuals and organizations using the services of its members. ISMA is committed to bring out stress awareness among public and professionals in the society. It has organized Stress Awareness Month (SAM) during April and National Stress Awareness Day on 6th November in 2012, 2013 and 2014 throughout the country. It has conducted National Conference on Stress Management Professional (6-7 Nov. 2013). So far, ISMA conducted ten International Conferences successfully. (www.isma.org.in)

About PDEU, India

PDEU has been promoted by Partnership of Government, Industry & Energy to create a world class University in energy education and research with special focus on the oil and gas sector. The university has further expanded its programs to address the need for trained human resource in the domains of engineering, management and humanities. It intends to broaden the opportunities for students and professionals to develop core subject knowledge which are duly complemented by leadership training interventions, thereby helping the students to make a mark in the global arena.

This objective is being further addressed through a number of specialized and well-planned undergraduate, post-graduate and doctoral programs as well as intensive research projects. Pandit Deendayal Energy University (PDEU) has been established by GERMI as a Private University through the State Act enacted on 4th April, 2007.



Type of Registration	Early Bird Up to 31st Aug. 2024		Regular 1st Sept. - 5th Nov. 2024		Spot 6th Nov. to 15th Nov. 2024	
	Indian (Rs.)	Foreign (\$)	Indian (Rs.)	Foreign (\$)	Indian (Rs.)	Foreign (\$)
Individual Delegate	2500/-	60	3000/-	75	3500/-	150
Regular Student*	1500/-	40	2500/-	50	3000/-	100
ISMA Member	1500/-	40	2000/-	50	2500/-	75

Chief Patrons

Prof (Dr.) S. Sundar Manoharan, Director General, PDEU

Patrons

Col (Dr.) Rakesh Kumar Srivastava Registrar, PDEU

Prof. (Dr.) Nigam Dave, Director SLS PDEU

Mr. Ian Shakespeare, SCPL, Australia

Advisors

Prof. Bhawani Singh Desai, Dean R&D, PDEU

Dr. Marcus Fila, Hope College. USA

Congress Chair (s)

Dr. B. Udaya Kumar Reddy (Congress Chair)

Prof. Ritu Sharma (Congress Co-Chair)-Dean SLS PDEU

Organizing Committee

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Knowledge Partners

.....more to be updated



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Organised by



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Visit Congress Website: www.isma.org.in/icspw2024

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